



Last 2 Weeks of Term 6

For queries about food allergens, please contact a member of the Kitchen Staff on 01843 570598





Allergen Guide

Allergen Name	Allergen Abbreviation
Gluten	G
Milk	M
Egg	E
Fish	F
Celery	C
Soya Beans	SB
Sesame	S
Lupin	L
Sulphites	Su
Mustard	Mu
Crustacean	Cr
Molluscs	Mo
Nuts	N
Peanuts	P

Week Commencing 09/07/2018

Monday		Tuesday		Wednesday		Thursday		Friday	
Chilli Beef	C	Chicken with BBQ Sauce		Roast Pork Gravy	C	Tuna Ham	F	Fish Fingers	F G
Quorn Burger Puff (v)	E M G	Veggie Chilli (v)	M E	Maccaroni & Cheese (v)	G M	Cheese Egg (v)	M E	Veggie Pizza (v)	M G S
Rice		Jacket Potatoes		Mixed Country Vegetables		Pitta Bread	G	Chips	
Sweetcorn		Savoury Rice	C	Roast Potatoes		Potato Salad		Peas	
		Salad		Fruit Salad		Coleslaw	E	Baked Beans	
Angel Delight & Strawberries	M	Carrot Cake & Frosting	G E	Finger Biscuits	G	Syrup Sponge Custard	G E M	Artic Roll Cherries	M E G
Fresh fruit, salad, bread, sandwiches, yoghurt, milk and chilled water are available. Vegetarian option (v)									

Week Commencing 16/07/2018

Monday		Tuesday		Wednesday		Thursday		Friday	
Three Cheese Pizza	G M	Sausage Rolls	G Su E	Chickwick in a Bun (Wholemeal)	G E	Cheese & Bacon Whirl		Chicken Gougons Savoury Rice	G C
Salmon Fish Cakes (v)	F E G	Jackets & Beans (v)		Cheese & Vegetable Flan (v)	M E G	Quorn Sausages Wrapped in Pastry (v)	G E M	Veggie Bolognese Wholemeal Pasta (v)	C
Pasta Salad	G C	New Potato Roasties		Chips		Creamed Potatoes		Wraps Salsa	G
Baked Beans		Sweetcorn		Salad		Baked Beans		Mayonnaise	E
		Peas		Coleslaw	E C			Cheese Salad	M
Strawberry & Melon Pot		Ginger Sponge & Lemon Sauce	G E	Gypsy Tart Apples	G M	Raspberry Flapjack & Custard	G M M	Fruity Ice Lollies	

Fresh fruit, salad, bread, sandwiches, yoghurt, milk and chilled water are available. Vegetarian option (v)